



Spring Trip Meeting
Winter Park, CO
April 12-16, 2023

Important Information

Contacts:

Reginal Wright (817) 781 - 3891

Michelle Dudley (trip administrator)

Transportation

Road Runner Charters

Hurst, TX

817-355-9474

Lodging

Zephyr Mountain Lodge

201 Zephyr Way

Winter Park, CO 80482

Rules for Overnight Trips

1. All Mansfield ISD and Mansfield High School Code of Student Conduct rules apply.
2. Girls are not allowed in boy's rooms and vice versa.
3. In respect to other guests, students must remain quiet in the rooms, hallways, and lobby. TV sets and radios must be played at a subdued volume at all times.
4. Hotel room doors should remain locked at all times. Do not bring valuable jewelry with you. Do not leave money hidden in your room. Neither MISD nor MHS can be held responsible for articles lost in the hotel.
5. Throughout the trip, students will assume responsibility for any loss or theft of their personal property.
6. Mr. Wright and Ms. Spiry will determine curfew depending on student behavior throughout the day.
7. There will be a room check each night at curfew. No student is permitted to leave his/her room once curfew is called.
8. Possession or use of alcohol, cigarettes, drugs, or tobacco of any kind is strictly prohibited. Any student violating this rule will be immediately sent home **at the student's expense.**
9. Mr. Wright and Ms. Spiry reserve the right to inspect any room, inspect any piece of luggage or ask for a receipt for any purchase at any time.
10. Shoplifting is a misdemeanor crime. You will be prosecuted.
11. Students will be held responsible for any damage to hotel rooms or any charge incurred by said rooms (i.e. phone calls, movies-on-demand) etc.
12. Common sense rules apply at poolside: no running, horseplay or glass containers. Students violating these rules will have their pool privileges revoked.
13. Students must be on time for all check-in points. A wristwatch is required at all times.
14. Cell phones are permissible and will be used for correspondence and emergencies only.
15. The "get over it" policy: Things aren't always going to be the way you want them. You may be tired, grumpy, or irritated with others and for the sake of everyone...you need to get over it. Be the bigger person and enjoy the trip with a great attitude. You are very fortunate to be on this trip...treasure every moment!
16. At all times, students must remember that they represent MISD, Mansfield High School, and the MHS Choir. Any misconduct reflects on the school district. Please govern your actions accordingly, with respect to this organization and your parents.

CHARTER BUS RULES

We will be riding on a chartered bus for this trip, please observe the following so that the drivers can keep you safe.

1. No loud noise or singing permitted. This can become extremely annoying to others and distracting to the driver. Any noise making device you bring with you should be used with headphones.
2. We expect appropriate behavior between “couples” on the bus. Do not lie on each other, share blankets, etc. If this is a problem students will be moved to another seat. Boys and girls will be separated during overnight travel.
3. You may bring snacks on the bus, but please be mindful of items that will make a mess. No glass containers and only drinks that have a replaceable lid. Pick up after yourself and keep the bus clean.
4. Please use common sense so as to not damage any part of the bus. You will pay for any damage.
5. The bus will be equipped with DVD / TV’s. You are encouraged to bring movies for our trip. Movies must be rated PG-13 or better. Regardless of the rating, all movies must be approved by the director / chaperones on the bus.

Any student not obeying the above rules will have his or her parents notified and that student will be placed immediately on commercial transportation and returned to DFW at the expense of the parent. This will also be cause for immediate dismissal from the organization and will result in appropriate disciplinary action from MISD.

Health and Medication

Health & Medication Please protect yourself from anything which would cause you to become ill. If you do become ill, you should report immediately to one of your sponsors. Do not feel that you will be causing them trouble, they are there to help you. If necessary, the sponsor will take emergency action. If you have a particular health problem, the directors and chaperones should know before we leave.

A. Prescription Medication MISD Policy dictates that all prescription medication must be submitted to a MISD employee with the appropriate medical form for administration during the trip.

B. Altitude Sickness

Winterpark, CO is at an elevation of over 9,000 ft compared to the near sea level altitude of DFW. If you are not accustomed to this altitude it is possible that you will experience mild to severe altitude sickness including shortness of breath, headache, and nausea. To assist with this and to simply plan for optimal health during our trip:

- 1. Drink Water** - Be sure to drink a lot of water when you are at our high altitude. If you don't drink enough water, you may bring on a headache which is associated with altitude sickness. By drinking lots of water, even though you may not be thirsty, your headache could subside. Avoid carbonated drinks if at all possible.
- 2. Eat Right (light and sensibly)** - Do not skip meals. Eat even though you may not be hungry.
- 3. Prepare yourself for the weather** - You need to wear sunscreen - you will get sunburned and wind burned. Have a plan to keep your ears covered. Also wear shades, this will protect your eyes from the UV rays in the mountains (and you will look cool).

MAKE GOOD and SMART CHOICES!!!!

Students do not try to push their physical limits or be too adventurous. If everyone follows all the rules, and err on the side of safety/caution...everyone should have a fun and safe experience. It is important that students do not try and “show off” or go attempt slopes that are not 100% in their ability level. The last thing we want is to have someone’s trip cut short because of a broken leg, or long stay in a hospital. **PARENTS, IT IS IMPORTANT THAT YOU HAVE A SINCERE CONVERSATION ABOUT SAFETY!!!!**

Attire/Luggage

A. General Dress

1. Choir shirt with nice jeans. You will need a long sleeved layer underneath the t-shirt. A black long-sleeved shirt is acceptable. You will need boots or athletic shoes (waterproof) to wear with your jeans.
2. School dress code. It will be cold.
3. Ski Clothes

You do not need to go purchase hundreds of dollars of ski clothes –

What you do need:

- a. Base Layer – Long Johns
- b. Socks – Long, Thick, Consider Buying Ski Socks
- c. Mid Level Fleece or Sweatshirts
- d. Coat
- e. Ski-Gloves
- f. Jacket (Waterproof)
- g. Ski Pants (Waterproof Recommended)
- h. Hat or Ear Coverings
- i. Sunglasses
- j. Bandana or Scarf

B. Luggage

1. One small or medium sized suitcase
2. One school-sized backpack carry on (for Snacks and NEEDED items)
3. A Pillow and Blanket

C. Accessories

1. Phone Charger
2. Camera
3. Pajamas
4. Toiletries
5. Sturdy Boots/Shoes

Clothing to bring for Skiing, Snowboarding or Non-Ski Activities

1. Undergarments



Warm Socks

+



Long Underwear Bottom(s)

+



Long Underwear Top(s)

Or



Long Underwear Onesie

2. Lower Outer Shell



Scotch Guarded Denim Jeans w/
large bell to fit OVER ski boot

Or



Water Resistant Athletic Pants
w/ large bell to fit OVER ski boot

Or



Ski Pants

3. Upper Outer Shell



Wool or Fleece Water Resistant
Sweater

+



Scotch Guarded or Water
Resistant Jacket (for warmer days)

Or



Water Resistant Warm Heavy
Coat (for colder days)

4. Hands and Eye Protection



Insulated Gloves

Or



Insulated Mittens

+



Sunglasses (w/UV protection)

Or



Goggles

5. Face, Ears and Head Protection



Face Mask or Face Scarf

+



Helmet (provided with ski/board rentals)

Or



Warm Hat (while not skiing)

*Don't forget to bring your own (high spf) Sunblock and Lip Balm!



Food

Grocery Store Visit:

The kids will visit a grocery store and buy some LIGHT groceries to get them through the week. Most students will have a microwave, a range with two burners, and a micro fridge. Others will have a full fridge, oven, 4 burners. With that said it is important to **PLAN** ahead and **NOT BUY TOO MUCH!!!**

****Note:** In past trips we have had rooms combine ingredients and make dinner plans as well.

Suggestions:

Breakfast: Fruit, pastry, microwavable breakfast sandwich, juice and/or WATER

Lunch: Bread, luncheon meat, sliced cheese, chips, little Debbie snack, WATER...no soda!

Dinner: Bagged salad, pasta and sauce, frozen garlic bread, juice and/or water

Sample Grocery Shopping List for a Room (per 4-person condo)

- 1 bunch of bananas
- Bag of apples
- 1 gallon of Orange Juice
- 1 gallon of Apple juice
- 2 boxes of breakfast hot pockets (2 pack)
- 1 box of Little Debbie brownies
- 1 case of bottled water
- 2 loaves of sliced bread
- 1 pack of ham luncheon meat
- 1 pack of turkey luncheon meat
- 1 pack of craft singles
- 1 small container of squeezable mustard
- 1 large bag of Doritos
- 1 large bag of BBQ chips
- 1 box of Little Debbie Swiss rolls
- 6-pack of Gatorade
- 1 large bag of salad
- 1 container of dressing
- 1 large pack of spaghetti
- 2 jars of marinara
- 1 box of spiral pasta
- 2 jars of Alfredo sauce
- 4 cans of Various Soups/Ramen (make with grilled cheese...YUMMM) (this could be made a bunch of times!!)

Trip Itinerary

Wednesday, April 12

Eat dinner, shower, use the bathroom before reporting to choir room.

4:15 PM Report to Choir Room

4:45 PM Load Buses (ski clothes in the carry on)

5:00 PM Leave MHS and head to Colorado Springs (11 hour drive according to google)

- Stop and change drivers at Raton Pass NM (8.5 hour drive from Mansfield) (Short restroom break)
- 2.5 hour drive to Colorado Springs (where we stop for breakfast)
- 3.0 hours from CO Springs to Winter Park

Thursday, April 13

7:30 - 8:00 AM – Arrive at Vintage Hotel Parking at The Winter Park Ski Resort –

- Change to ski clothes (on buses)

9:00 – 10:00 AM (Approx.) – Secure Ski-Rentals

10:00 – 12:00 PM – Ski Lessons and Ski area

Get food in the Moffat Market

4:00 PM - MANDATORY meet time ---Unload bus check into rooms at Hotel

5:30 PM – Stop at Local Safeway Grocery Store

7:00 PM – Depart to Hotel

11:30 PM – Curfew Enforced Lights Out

Friday, April 14

8:00 AM - meet your chaperone downstairs then walk as a group to the black/white flag meeting place

8:30 AM - meeting with the ski organizers to give you information

12:00 PM - Check in with your chaperone- go back to room- eat lunch

1:00 PM - Check in with chaperone- back to slopes

3:45 PM - Absolute latest time to be on the ski lift going up

4:30 PM - MANDATORY meet time- do not be late...back to condo

6:30 PM – Load buses and Depart to Performance Site (Bring \$\$)

7:30 PM – Dinner (Pizza at Performance Site)

9:20 PM – Warm up - 9:40 PM Performance

Performance site

Middle Park High School Granby

725 N. 2nd Street

Granby, CO 80446

10:00- Back to Condos

11:30 PM – Curfew Enforced Lights Out

Saturday, April 15

8:00 AM - Meet your chaperone downstairs then walk as a group to the black/white flag meeting place

8:30 AM - Meeting with the ski organizers to give you information

12:00 PM - Check in with your chaperone- go back to room- eat lunch

1:00 PM - Check in with chaperone- back to slopes

3:45 PM - Absolute latest time to be on the ski lift going up

4:30 PM - MANDATORY meet time- do not be late...Check in Ski Rentals

5:00 PM - Back in condo... cook dinner, shower, change (BEGIN PACKING)

7:00 PM - Meet downstairs- we will walk (about $\frac{3}{4}$ of mile) to award ceremony and outdoor party. (dress warmly in layers)

10:00 PM – Back to Room (Finish Packing)

11:30 - Curfew Enforced Lights Out

Sunday, April 16

5:30 AM – Clear Rooms / Load Buses Depart for Mansfield

8:00 PM – Arrival at Mansfield High School (Approx.)

PACKING CHECKLIST

CLOTHES

- Jeans and Choir Shirt with something long sleeved to wear underneath
- Cold Weather, Casual Clothes that can be layered
- Choir Uniform
- Choir Folder with music
- Waterproof Pants
- Sunglasses or Ski Goggles
- Multiple Pairs of thick, long socks or ski socks

SKI GEAR

- Waterproof Pants
- Sunglasses or Ski Goggles
- Multiple Levels of thick long socks or ski socks
- Jacket (waterproof preferred)
- Hat or ear coverings
- Layers to wear under ski-pants/Jacket

PERSONAL ITEMS

Toiletries:

- | | |
|---|---|
| <input type="checkbox"/> toothbrush | <input type="checkbox"/> deodorant |
| <input type="checkbox"/> toothpaste | <input type="checkbox"/> OTC pain reliever |
| <input type="checkbox"/> hair products | <input type="checkbox"/> chapstick |
| <input type="checkbox"/> shampoo / soap | <input type="checkbox"/> OTC motion sickness medicine |
| <input type="checkbox"/> contact supplies | |

OTHER

- | | |
|--|---|
| <input type="checkbox"/> camera | <input type="checkbox"/> movies for the bus |
| <input type="checkbox"/> phone charger | <input type="checkbox"/> snacks |
| <input type="checkbox"/> headphones | <input type="checkbox"/> games |
| | <input type="checkbox"/> music |

Links for more information:

<https://winterparkskimusicfestival.com/startgate/>

Overview: <https://winterparkskimusicfestival.com/startgate/>

Clothing: <https://winterparkskimusicfestival.com/startgate/clothing/>

<http://winterparkskimusicfestival.com/.../07/clothes.jpg>

Altitude Sickness: <https://winterparkskimusicfestival.com/star.../altiudesick/>

Rules/Tips: <https://winterparkskimusicfestival.com/.../rules-and-safety/>

Winter Park Tips

<https://www.winterparkresort.com>

<https://www.winterparkresort.com/things-to-do/dining#filters=seasons:Year%20Round,Winter>

<https://www.winterparkresort.com/the-mountain/mountain-information/maps>

<https://www.coloradoski.com/new-skiers>

Chaperones:

Cora Berry

Crystal Constante

Dana Harrington

Marie Lam

Fatima King

Mary Ann Knight

Rachel Moraw

Christa Shelton

Michael Strange

Bridgett Wigley

Dawn Wilson

Teachers: Reginal Wright / Mariah Spiry

Accompanist: Jane Andrews

Administrator: Michelle Dudley

ROOMING LIST SCAN HERE





Overnight Student Code of Conduct Agreement

ALL SECTIONS AND INFORMATION MUST BE COMPLETELY AND ACCURATELY FILLED OUT PRIOR TO TRAVEL

Students may be removed immediately from the trip for issues that are illegal or jeopardize the safety of any student or "Chaperone". Failure to follow other items in the Mansfield ISD Student Code of Conduct or the directives of "Trip Coordinator" or "Administrator" will be communicated to parents, and campus administration in a timely manner, and may be sent home. If student is sent home it shall be at the expense of the parent.

- Students must follow the MISD Student Code of Conduct for the entirety of the trip.
<http://www.mansfieldisd.org/uploaded/main/departments/student-services/assets/SCOCfinal.pdf>
- If bags are searched prior to any trip, then all bags will be searched. Bags of individuals may also be searched during travel when reasonable suspicion exists.
- There shall be absolutely no possession or use of alcohol, tobacco, drugs or weapons.
- Curfews will be enforced and room check will be made.
 - Students will be in their rooms and remain in their rooms during assigned times.
 - Should an emergency arise, the student must contact a chaperone immediately.
 - Student should not leave their rooms without talking to a chaperone or the "Trip Coordinator".
- Noise curfews will be strictly enforced by your chaperones and hotel management.
- Under no circumstance, should a male student be in a female's room or a female student in a male's room.
- Students will use appropriate language and behavior at all times while showing respect to everyone with whom they come in contact with.
- Students will dress appropriately and respectfully for the entirety of the trip.
- Students will be respectful on the bus of the driver and tour guides. When they talk, students will be attentive and quiet.
- Students must follow the itinerary provided by the "Trip Coordinator" at all times.

I understand the expectations and guidelines outlined above. I understand that if any of these guidelines are violated that I can be sent home at my parent's expense. I also understand that additional disciplinary actions may occur based on my behavior.

Parent/Guardian Printed Name

Student Printed Name

_____/_____
Parent/Guardian Signature date

_____/_____
Student Signature date

[This form must be completed and returned to the Field Trip Coordinator]



Student Trip Permission Form

Student Trip Permission Form

ALL SECTIONS AND INFORMATION MUST BE COMPLETELY AND ACCURATELY FILLED OUT FOR STUDENT APPROVAL.

Student Trip Disclaimer

- A student trip has been scheduled for your child. Although the location is not associated as a water based venue there may be bodies of water present meant for swimming, canoeing, or fishing. Students are not allowed to swim in an ocean, sea, lake, river or pond.
- Students may swim at the hotel swimming pools if: there are certified life guards supplied or the Trip Coordinator and/or Administrator is monitoring. They will set any restrictions for swimming based upon the number of students, size of the pool, time available, etc...
- Any student who violates these instructions will be sent home at the parents' expense.
- The Trip Coordinator and Administrator reserve the right to search the rooms, luggage, personal belongings, and persons of any student at any point before, and during a school-related trip. By signing this form, you acknowledge that you received notice prior to the trip and acknowledge that students and their belongings are subject to random search during the trip.

This portion of the form is to be filled out by the school prior to distribution to the parent or guardian.

Campus/Class: _____ Destination: _____

Departure Date/Time: _____ Return Date/Time: _____

Return the Form to: _____ Date Form is due: _____

Student Last (print) _____ First _____ MI _____ Student's Date of Birth _____ Student Grade _____

I hereby grant permission for (student name) _____ to participate in the student trip listed above and I have read the Student Trip Disclaimer above. I also understand that by signing below, I am indicating both my child and I understand the Student Trip Disclaimer and will agree to its contents.

I recognize, however, that unanticipated situations and problems can arise on any trip, which situations or problems are not reasonably within the control of the supervising teacher(s), staff or chaperones. We agree to release, indemnify, and hold harmless the Mansfield ISD, their agents, teacher(s), staff or chaperones, from any and all liability, claims, suits, demands, costs, and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to the student and the costs of medical services.

In the event of an injury requiring medical attention, I hereby grant permission to the supervising teacher(s), staff or chaperones to attend to my son/daughter. If the injury warrants further medical attention, I expect every effort will be made to contact me to receive my specific authorization before action is taken. If efforts to contact me are unsuccessful, I grant permission for necessary medical treatment to be given. In addition, I hereby give my permission to the supervising teacher(s), staff or chaperones to take my child to the physician or to the hospital if an accident or serious illness occurs on the trip and I cannot be located.

In the event that a student must return to Mansfield ISD independently for reasons of health, accident, failure to conform to rules established by the teacher in charge, etc., we agree to accept full responsibility for and to pay for the cost of medical care, transportation and other incidental expenses.

Parent/Guardian (print) _____ Phone # _____ Cell # _____ Doctor Name and Phone # _____

Parent/Guardian (signature) _____ Alternate Emergency Contact Name and Phone# _____